

SEMINAR

Finding & Building Meaning in Your Law Practice

Beyond billables

Many lawyers find their chosen profession to be the source of both the most meaning and the greatest distress in their lives. The pandemic placed a spotlight on many of these issues, including loneliness, mental well-being, work-life conflict, and caregiving. The American Bar Association has focused on lawyer well-being, and in Massachusetts, the Supreme Judicial Court established the Standing Committee on Lawyer Well-Being to help lawyers achieve a healthy, productive balance of work, personal life, and health.

But how do we find meaning in our practice in a profession that places an emphasis on winning and whose very focus is controversy? What can we do to support ourselves and the people with whom we work? How do we create a workplace that cares about the mental and physical health of employees while maintaining a successful and sustainable career? This program provides practical tips for creating a more fulfilling practice.

Agenda

- The Importance of Visible Leadership to Practice-Wide Well-Being
- Changing the Way We Work: Fusing Remote Work with Being in the Office
- Using Technology to Allow for a Fluid Workplace While Limiting Its Use to Create Balance
- Offering Options for Physical and Mental Well-Being
- Find and Remind Yourself of What You Enjoy About Your Practice and If Possible, Delegate What You Don't Enjoy
- Organize Your Space and Project Manage Your Work
- Be Certain That Your Work Practice Can Generate the Revenue to Give You Peace of Mind
- Plan for Non-Work Time—Vacations, Time with Family and Friends, Further Your Education and Have Fun Outside Work
- Schedule “Meeting-Free” Days to Reduce Stress, Increase Job Productivity and Satisfaction

Speakers



MALA M. RAFIK is the managing partner at Rosenfeld & Rafik, P.C., representing clients denied access to health care as well as individuals seeking short- and long-term disability, life and long-term care benefits from private insurance carriers. She has also represented several nonprofit organizations whose mission is to ensure access to excellent health.

She is the Chair of the Board of Directors of the Massachusetts Legal Assistance Corporation and the Chair of the Board of Directors of Health Law Advocates. In 2020, she was appointed to the Standing Committee on Lawyer Well-Being by the Massachusetts Supreme Judicial Court.



SUSAN LETTERMAN WHITE, JD, MS is the managing partner of Letterman White Consulting LLC in Quincy, where she regularly works with lawyers and law firms to improve law office management, succession planning, career development, and marketing and business development. She is also an adjunct professor at Northeastern University, where she teaches leadership, strategic change, and communication. Ms. Letterman White has over ten years of experience as an internationally recognized instructional designer and trainer, and performance coach in the areas of leadership, innovation, diversity, equity, and inclusion, business development, project and time management, career transitions, and conflict and communication.



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Dates & Location

Register at www.mcle.org

LIVE WEBCAST

Tuesday, May 10, 2022
11:00 am–12:00 noon
Program Number: 2220236WBC

REBROADCAST

Wednesday, May 25, 2022
2:00 pm–3:00 pm
Program Number: 2220236RBC

REBROADCAST

Thursday, June 2, 2022
12:00 noon–1:00 pm
Program Number: 2220236RB1

ON DEMAND WEBCAST

View after Thursday, June 2, 2022
Program Number: 2220236WBA

Tuition *(includes written materials)*

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 - 2-5 \$ 150 ■ 76-150 ... \$ 2,500
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